

Sunday Message Meditation:

Read: Psalms 141

Message: The Psalmist calls out to the Lord (v.1-2) and request that the Lord:

1. Guard his lips (v.3)
2. Guard his life (v.4)
3. Give him a godly friend (v.5-7)
4. & Glue his eyes on God (v.8-10)

Meditation: We can't control our tongues, we are easily tempted toward evil, we resist correction, and our eyes run all over the place. This is our desperate condition - making the Psalmist's prayer very practical for us.

1. At the time of the writing of this Psalm, Kings would set guards at the doors of the house of the man he wanted to take captive. Do you believe God able to take your speech captive? Practically, what help would that be for you?

2. In the Lord's Prayer we are instructed to pray "deliver me from evil." Is our "deliverance from evil" (our progress in sanctification) the result of our hard efforts to purify our lives, or is it the result of believing what we heard and learning to live by faith in God's good promises? Are we fighting for faith or for acceptable moral behavior?

3. Do you have a friend whose correction you will receive? Are you a friend to someone to whom you can speak truth into their life? How is this prayer still practical even if you have a godly friend?

4. The plowman can only stay straight if he fixes his eyes on an unmovable object. How would fixing your eyes on the Lord influence the whole of your life in positive ways? How do we fix our eyes on the Lord in the midst of all our daily activity? What does fixing our eyes on the Lord mean?

The Psalmist prays to the Lord to hasten to him and provide the help requested. Gratefully, we have access to God through Jesus, our Great High Priest. Jesus sympathizes with our weaknesses, having been tempted in every way we are, yet He was perfect - and He makes us acceptable before God. He is our righteousness! When we draw near to God we are promised to receive grace and mercy to help in our time of need. This truth gives us confidence to draw near to God with confidence and receive the grace to supply for our desperate need.