

Growing Together Discussion Questions

Psalm 42

1. Explain the analogy found in Psalm 42:1-2.
2. Augustine said, "You have made us for yourself, O Lord, and our hearts are restless until they rest in you." In what way does this statement relate to Psalm 42:1-2?
3. James Mays says, "Many or most people may not understand the thirst that disturbs and drives their living, but it is there because God created the human soul to correspond to God." In what way(s) have you seen this to be true in people you know or in your own life?
4. The Psalmist's ultimate expression of his thirst for God seems to be found in 42:2b – "When can I go and meet with God?" Why is this likely a reference to the fact that he has been prevented from participating in the festivities of worship at the Temple in Jerusalem? (see especially 42:4, 6) What does this say about the importance of corporate worship?
5. The Psalmist is fighting against the disillusionment of the enemy, "Where is your God?" (42:3, 10). How does he recover from this disillusionment? (see especially 42:4-5, 11)
6. Which verses of this Psalm could Jesus have spoken? Why might it help to read Psalm 42 from the perspective of Jesus? Why does it help to preach Christ to ourselves?

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